

The Soul.

The man felt that his soul, while belonging to him, was only a part of who he was, like his heart and lungs were a part of him. Today, however, he saw his soul was a diamond of energy made to guide his journey, or journeys, through his life.

His soul guided him through life, where he learned predetermined and predestined lessons. The man remembered occasionally feeling this same emotion and thought, “Why am I experiencing this?”

Now, however, he was experiencing a wave of distinct pleasure that started from within, and then coursed throughout his body, and was so strong his body moved in response, and for no external reason he knew of. At first, he was startled by the warmth and strength rippling throughout his body. He wondered if he was having a stroke. The happiness and contentment coursing through his body left him blissful, and a smile rested easily on his face. All it took now was for him to become his soul, just as he had come to own his now older body, with its strength diminished, its issues and problems that he had heard his elder parents talk about. Many parts of his once-vital body had significantly deteriorated, yet he still loved and was grateful for all he had and could still do.

Surrender, gratitude, and acceptance became his new mantra.

The infiltration of his soul into every part of his being was now complete. As he surrendered, accepted, and became grateful for this moment, he felt all the parts of himself become one. His soul and body now had the same heartbeat, happiness, gratitude, and contentment. He was one.

The man was reunited with himself, and all of his parts became one part- himself. He smiled and surrendered to his love for this reunited companionship.

Written by Peter Skeels © 7-13-2025